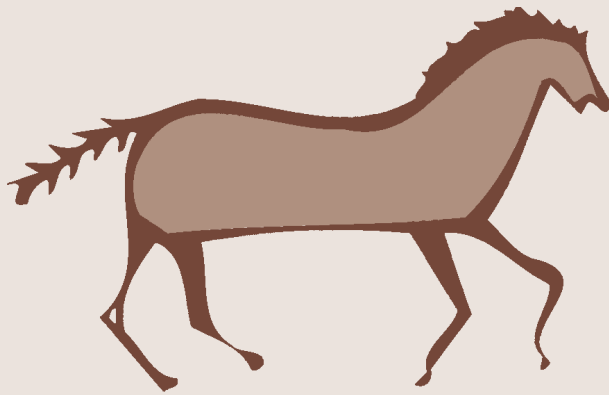


Building Bridges THROUGH SPORT

The 2006 Aboriginal Sport Development Conference

SEPTEMBER 27-28, 2006
SASKATOON INN



Sponsored By:



Saskatchewan
Culture, Youth
and Recreation



Conference hosted in partnership by:



Building Bridges THROUGH SPORT

This year's theme is "Opportunities in Sport", which includes not only opportunities for participants, but also coaches, officials, athletes, volunteers, practitioners and anyone else who is interested in amateur sport. This is also an opportunity to have fun while learning, connecting with others who can help building bridges, sharing and discussing, providing input and receiving feedback, listening and being heard, and strengthening relationships.

Conference participants should note that the Women in Sport conference takes place the day before the Building Bridges Through Sport conference. This one-day conference is dedicated to developing leadership skills and partnerships for women who work and volunteer in Saskatchewan's mainstream and Aboriginal sport, recreation and physical activity delivery systems. There is a special rate for attending both conferences.

By joining together, we can build bridges through sport to create a better future for our youth and communities.

SPECIAL CONFERENCE SESSIONS

Keynote Speaker, Jason Loutitt is a national Métis athlete role model (marathon) who has been able to share lessons of goal setting, overcoming obstacles, and the importance of the environment. The experiences of many of the challenges Jason embraces has flourished into the accomplishments he continues to achieve.

Sandra Roach of Sport Canada will provide an overview of the Aboriginal Peoples' Participation in Sport Policy at the conference's opening session. The \$12 million initiative will support programs to increase sport participation for Aboriginal persons, including elements of federal-provincial agreements on sport and sport participation programs operated by national and multi-service organizations.

Connections through Sport Welcoming Reception

Take the opportunity to meet new people and renew old acquaintances at the welcoming reception.

Opportunities in Sport Luncheon

Join successful Aboriginal athletes as they share their experiences about amateur sport.

Fashion Show

It's a fashion show with a special flare. This show will feature Aboriginal fashions and sports attire. See the latest trends!

Team Saskatchewan Luncheon

Pay tribute to Team Saskatchewan who finished first at the recent North American Indigenous Games in Colorado.

PARTICIPATION STREAM

SportFit – a Sport Discovery program!

Through basic fitness testing, Internet technology and individual interests, Sport Fit will help Saskatchewan youth discover new sports. This interactive session will allow session participants and a selected group of youth volunteers to undertake all the steps within the Sport Fit program.

Sport Programs in a Youth Centre Setting

Enjoy a trip to White Buffalo Lodge. Participants will travel to the lodge in Saskatoon for a tour and presentation of its sport, cultural and youth programs. (Transportation will be organized from the Saskatoon Inn)

Building Self Esteem in Teens and Pre-teens through Sport

Sport – It's More Than a Game. The benefits of sport are numerous including building confidence and self-esteem for children. This session will focus on how a positive sport experience can help children and youth.

Secrets to Successful Sport Programs for Aboriginal Youth

Learn from local organizers how they developed Aboriginal sport programs in their communities. They will share their experiences and successes on several different sports.

EXCELLENCE STREAM

Building Champions Now and Into the Future

Despite the success enjoyed at the recent North American Indigenous Games (NAIG), Team Saskatchewan will not be resting on its laurels. Learn how the Aboriginal Excellence Program in the Building Future Champions program is being enhanced to prepare athletes and coaches for the 2008 North American Indigenous games.

A Strategic Plan for Developing Coaches and Officials

Coaches and officials are a key element of sport development. A new Aboriginal coaching and officiating initiative is being created through the Building Future Champions program to increase understanding about cultural sensitivities, increase access to certification courses and training materials, and increase the number of qualified Aboriginal coaches and officials.

Leading the Way

What does it take to be a successful sport leader? Accomplished Aboriginal athletes, coaches and officials from the community will share their success stories. They will discuss their keys to success and illustrate who had a positive influence in their development.

Sport Medicine and Science for Athlete Training

Whether it is the grassroot athlete or the high performance athlete, sport medicine and science plays a role when it comes to athlete training. The Sport Medicine & Science Council of Saskatchewan can assist the coach, athlete, and team through the utilization of its programs and services. This session will discuss how sport medicine and science can be utilized when planning for upcoming competitions or events.

H O P S

CAPACITY STREAM

Aboriginal Sport Circle

The Aboriginal Sport Circle is Canada's national voice for Aboriginal sport, which brings together the interests of First Nations, Inuit and Métis peoples. It was created through a national consensus-building process, in response to the need for more accessible and equitable sport and recreation opportunities for Aboriginal people. Learn more about its structure and programs and services including the Tom Longboat Award and National Coaching Awards.

Online Volunteer Training Centre

The Online Volunteer Training Centre is a web-based initiative to deliver key education and training opportunities throughout the volunteer system without the necessity of the traditional workshop setting. Saskatchewan residents will be able to select and register for an on-line training program at no charge. An user ID and password will enable access to numerous training modules. Volunteers will be able to complete the specific training module and receive a program certificate following successful completion.

So ALL Kids Can Play

KidSport™ is a children's charity designed to assist children of families facing financial obstacles to participate in sport. Local KidSport™ Committees operate throughout the province. These volunteer committees administer the program, develop fundraising initiatives, and adjudicate all funding requests in their area. Learn more about the KidSport™ program and how to organize a local KidSport™ Committee in your community.

Grassroots Club Development

Join a panel discussion on grassroots club development. The goal is to broaden the participation base, and increase the quality and diversity of sport opportunities for Aboriginal people by helping grassroots club development.

INTERACTION STREAM

Beyond the Hurt

Bullies acquire their behaviour by watching others. There are lots of different forms of bullying and all of them hurt. Participants will learn about the different forms of harassment and bullying, discuss roles and responsibilities of leaders and participants, and learn practical tips that can help create sport, culture and recreational opportunities that are "bully free".

Risk Management is Responsible Practice

Saskatchewan sport, culture and recreation groups continue to offer children, youth and their parent's opportunities to learn and play a wide variety of activities. These participants deserve an opportunity to enjoy these opportunities free from abuse, harassment and bullying. Risk management is a set of practices and policies that help keep individuals from harm and protect organizations and their members from liability claims. Participants will gain an understanding of risk management principles and strategies on how to implement these practices at a community and program level, creating a positive experience for children and youth.

Saskatchewan Sport, Culture and Recreation Community Resources

Being involved in sport, culture and recreation activities can provide a solid foundation for youth, teach life skills such as teamwork and dedication, and develop a passion for physical activity that will last a lifetime. This presentation will provide participants with an overview of the sport, culture and recreation system in Saskatchewan, including the services offered through Sask Sport Inc., SaskCulture Inc., and Saskatchewan Parks and Recreation Association Inc.

Lessons Learned: Recruiting, Training and Retaining Aboriginal Sport Volunteers

This session will give insight into the challenges and benefits of recruiting, training and retaining Aboriginal volunteers for multi sporting events. Volunteers from the 2005 First Nation Summer Games, 2005 Canada Games, and 2006 First Nation Winter Games have provided input and answers to key questions aimed at Aboriginal volunteers.

CULTURE AND RECREATION STREAM

Aboriginal Sports Hall of Fame

Panel participants will offer their perspectives on the potential for an Aboriginal Sports Hall of Fame. What need or interest would this development serve? What resources are necessary for this development? What are the opportunities for partnerships and linkages to work together on this initiative? Should this be a regional or national initiative? Contemporary technology can have a role to play in this development and the potential for a virtual museum will also be discussed.

Youth Leadership Development in First Nation Communities

This session highlights the Saskatchewan Parks and Recreation Association's new **Aboriginal Summer Program for Youth in Recreation (ASPYR)** initiative. Participants will learn about the development and implementation of the youth program, its successes during the first year, and the benefits of partnering in future programs.

Aboriginal Sport, Culture and Recreation Tourism

Expert panel participants for this workshop include: Marty Klyne, Chief Executive Officer of the Regina Regional Economic Development Authority; Vance McNab, Marketing Director for the Saskatchewan Indian Gaming Authority; and Jesse Kienlen, Organization Manager for the Aboriginal Tourism Association of Saskatchewan Incorporated. Regional perspectives and national and international contexts will be overviewed to explain the strengths, weakness, opportunities and challenges that exist for Aboriginal Sport, Culture and Recreation Tourism development in Saskatchewan.

Northern Physical Activity Action Plan

This session will provide a complete overview of the **Northern Physical Activity Action Plan**. Participants will learn about the development of the plan, its key initiatives, and the partnership that has and will continue to make the plan successful – all for the collective goal to increase the awareness and participation in physical activity in Northern Saskatchewan.

AGENDA

Tuesday, September 26th

6:00 pm – 9:00 pm Registration & Connections through Sport Welcoming Reception

Wednesday, September 27th

7:30 am Pipe Ceremony

8:30 – 9:15 am Continental Breakfast

8:00 am – 5:00 pm Registration/Information

9:30 – 9:50 am Welcome

9:50 – 10:30 am Keynote Speaker - **Jason Loutitt**

10:30 – 10:50 am Refreshment Break - Sponsored by **SIGA**

10:50 – 11:30am Opening Session - Sandra Roach of Sport Canada
Sport Canada's Policy on Aboriginal Peoples Participation in Sport

11:30 am – 12:45 pm Opportunities in Sport Luncheon

1:00 – 2:30 pm Workshops:

- 1.a) **Building Self Esteem in Teens and Pre-teens through Sport**
- 2.a) **Building Champions Now and Into the Future**
- 3.a) **Aboriginal Sport Circle**
- 4.a) **Beyond the Hurt**
- 5.a) **Aboriginal Sport, Culture and Recreation Tourism**

2:30 – 2:50 pm Refreshment Break - Sponsored by **SaskEnergy**

2:50 – 4:20 pm Workshops:

- 1.b) **Sport Programs in a Youth Centre Setting**
- 2.b) **A Strategic Plan for Developing Coaches and Officials**
- 3.b) **Online Volunteer Training Centre**
- 4.b) **Risk Management is Responsible Practice**
- 5.b) **Youth Leadership Development in First Nation Communities**

6:00 – 8:30 pm Banquet featuring a “Fashion Show”

Thursday, September 28th

7:30 am Pipe Ceremony

8:00 – 8:45 am Continental Breakfast

8:00 am – 2:00 pm Registration/Information

9:00 – 10:30 am Workshops:

- 1.c) **SportFit – a Sport Discovery program!**
- 2.c) **Leading the Way**
- 3.c) **So ALL Kids Can Play**
- 4.c) **Saskatchewan Sport, Culture and Recreation Community Resources**
- 5.c) **Aboriginal Sports Hall of Fame**

10:30 – 10:50 am Refreshment Break - Sponsored by **SGI**

10:50 am – 12:20 pm Workshops:

- 1.d) **Secrets to Successful Sport Programs for Aboriginal Youth**
- 2.d) **Sport Medicine and Science for Athlete Training**
- 3.d) **Grassroots Club Development**
- 4.d) **Lessons Learned: Recruiting, Training and Retaining Aboriginal Volunteers at Sporting Events**
- 5.d) **Northern Physical Activity Action Plan**

12:30 – 2:00 pm Team Saskatchewan Luncheon and Wrap-up session



**Building Bridges through Sport
September 27 & 28, 2006**

REGISTRATION FORM

Please fill out a separate form for each delegate.

Name: _____ Organization: _____

Address: _____ Postal Code: _____

Phone: _____ Fax: _____ Email: _____

**The full conference fee is \$125. Register for both the Building Bridges through Sport Conference and the Women in Sport & Physical Activity Conference on September 26 to receive a special rate of \$125 for both conferences.
The Conference Registration deadline is September 13th.**

Total fees due: _____

Session Pre-registration: (All delegates are required to pre-register for conference sessions.)

Wednesday 1:00 - 2:30 pm

- | | |
|---|--|
| <input type="checkbox"/> 1.a) Building Self Esteem in Teens and Pre-teens through Sport | <input type="checkbox"/> 4.a) Beyond the Hurt |
| <input type="checkbox"/> 2.a) Building champions Now and into the Future | <input type="checkbox"/> 5.a) Aboriginal Sport, Culture and Recreation Tourism |
| <input type="checkbox"/> 3.a) Aboriginal Sport Circle | |

Wednesday 2:50 - 4:20 pm

- | | |
|---|---|
| <input type="checkbox"/> 1.b) Sport Programs in a Youth Centre Setting | <input type="checkbox"/> 4.b) Risk Management is Responsible Practice |
| <input type="checkbox"/> 2.b) A strategic Plan for Developing Coaches and Officials | <input type="checkbox"/> 5.b) Youth Leadership Development in First Nations Communities |
| <input type="checkbox"/> 3.b) Online Volunteer Training Centre | |

Thursday 9:00 - 10:30 am

- | | |
|--|--|
| <input type="checkbox"/> 1.c) Sport Fit - a Sport Discovery program! | <input type="checkbox"/> 4.c) Saskatchewan Sport, Culture and Recreation Community Resources |
| <input type="checkbox"/> 2.c) Leading the Way | <input type="checkbox"/> 5.c) Aboriginal Sports Hall of Fame |
| <input type="checkbox"/> 3.c) So ALL Kids Can Play | |

Thursday 10:50 am - 12:20 pm

- | | |
|---|--|
| <input type="checkbox"/> 1.d) Secrets to Successful Sport Programs for Aboriginal Youth | <input type="checkbox"/> 4.d) Lessons Learned: Recruiting, Training and Retaining Aboriginal Volunteers at Sporting Events |
| <input type="checkbox"/> 2.d) Sport Medicine and Science for Athlete Training | <input type="checkbox"/> 5.d) Northern Physical Activity Action Plan |
| <input type="checkbox"/> 3.d) Grassroots Club Development | |

Registration will be confirmed only when accompanied by payment. No refunds will be issued after September 13th. Complete this registration form and mail it, along with your cheque payable to Sask Sport Inc.

Send Registrations to: Sask Sport Inc., 510 Cynthia Street, Saskatoon, SK S7L 7K7 Attention: Richelle Patterson

Accommodations

Saskatoon Inn, 2002 Airport Drive, call 242-1400 or 1-800-667-8789, \$90 per night. When booking your room let them know you are with Sask Sport Inc. - Building Bridges through Sport. Cut-off for the conference room block is August 31.